**Transformation Prayer**(Each woman read this before they walked through a sun hoop at the beginning of the ritual.)

I come to you in prayer,
under the mid-day light.
I thank you for lessons of growth, passion and relationship.
I pray to be one with the Sacred Fire of the South in a transformative way.
I ask for courage in this place of action and change.
I ask that my will be guided by right intention,
And that my medicine be good under the bright sun.