**Transformation Prayer**(Each woman read this before they walked through a sun hoop at the beginning of the ritual.)  
  
I come to you in prayer,  
under the mid-day light.  
I thank you for lessons of growth, passion and relationship.  
I pray to be one with the Sacred Fire of the South in a transformative way.  
I ask for courage in this place of action and change.  
I ask that my will be guided by right intention,  
And that my medicine be good under the bright sun.