SAMHAIN

October 29, 2006

4:00 Welcome and Smudging - BY

Recei Receive veil - DWW

Potluck - All

Welcome to Samhain – BY

Blessing with oil - BY and DWW

Casting the circle -BY and DWW

Relaxation and Visualization - BY

Ancestors - BY

Myth, Clay Balls, Letting Go and Rocking -DWW

Light Fire and sing Rise Up O Flame

“Rise up o flame, by thy light burning, bring to us beauty, wisdom and joy”

Sharing

Song, I will be gentle with myself

“I will be gentle with myself, I will love myself, I am a

child of the universe, being born each moment.”

Singing closing circle song

Cider and dessert

Logistics

Outside the front door there will be a table for food placement while each person is welcomed and smudged.

***WELCOME AND SMUDGING***

Welcome to Samhain, I am glad you are here. Take in the moments this evening and be aware of all that is in you.

After smudging the food is taken inside to the kitchen and where Dorothy will pin a veil on each woman.

POTLUCK DINNER AND WELCOME TO SAMHAIN

About half way through dinner, Bonnie will ring a bell and we will get the attention of all. Bonnie will say: The Great wheel of life turns again to the magical time of Samhain. Something of importance is happening...The veil between the physical world and the otherworld is at its thinnest

This is a time of remembering and connecting with those we love who have passed over. Today we honor those who have gone before us into the dark.

This magical season of change is also a time to honor the attributes in you that are of the crone. Prepare for your journey. Prepare to connect with the spirit of mystery as you open to your own intuitive power and inner voice. It is when we listen in the dark silence that we hear whispers of new beginnings.

At this point we will pass a basket that has words that represent aspects of Samhain. These words are underworld, rebirth, soul, invisible, magical, change, colorful leaves, letting go, renewal,

ancestors, veil between the worlds is at its thinnest, crone, darkness, goddess, fire, winter, death, and harvest.

We would like each person to pick a word that represents aspects of the celebration of Samhain and ask you to say the word and pass the basket on to the next person.

ANOINTING AND ENTERING CEREMONIAL SPACE After dinner, the women will come by twos to the entry portal to ceremonial space. They will be greeted by Bonnie and Dorothy who will anoint them (on the forehead, throat and heart) with geranium oil and say the following:

Allow this oil of geranium to bring you comfort and know that you are loved and held in love.

CASTING THE CIRCLE Lets all join in Casting the circle.

We turn to the East - BY

Air is the symbol of the East, a time of new beginnings for new life. Gate of the East, please open to visible and invisible good. We greet you and welcome you to our circle.

Please face South - DWW

Fire is the symbol of the South, for youthful passion and innocence. Gate of the South, please open to visible and invisible good. We greet you and welcome you to our circle.

Please face West - BY

Water is the symbol of the West, the value ofsunset time with family and the inner circle of home andfamily. Gate of the West, please open to visible and invisible good. We greet you and welcome you to our circle.

Please face North - DWW

Earth is the symbol of the North. Wisdom lives here in the hearts and minds of our elders. Gate of the North, please open to visible and invisible good. We greet you and welcome you to our circle.

Please look Above - BY

The stars, moon and the infinite universe, are the symbols of the Above. Gate of the Above, please open to visible and invisible good. We greet you and welcome you to our circle.

Please look Below - DWW

Rock is the symbol of the Below. For our ancestors who rest below. Gate of the Below, please open to visible and invisible good We greet you and welcome you to our circle.

Please look Within - BY

Light is the symbol of the Within. Search our hearts and bring love from each of us into this circle. You are welcome. We greet you and welcome you into our circle.

RELAXATION AND VISUALIZATION Slow down and pause Purpose is relaxation and getting us in touch with crone inside

us.

The guided meditation is a light trance state. All you have to do is relax and listen as I guide you. If you would rather not participate you are welcome to rest until later. Any questions before we start? Ok, let’s begin by sitting back and closing our eyes.

Know we are in a safe place and surrounded by people who know us and care about us. Relax your body, do this first by concentrating on your breath. Breathe in and out, in and out and try to clear your mind of troubles and worries about tomorrow.

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Take a deep breath and starting at your toes, let your body relax up your legs, your core your arms, your neck and head. Breathe in and breathe out until the tension spills over and out until you are relaxed.

Set aside the cares of the day and the plans for tomorrow. If you have children at home trust the person who is caring for them and then are present here. If you left a spouse or partner at home, trust that they will do whatever to be happy during this time apart.

Then be present here.

Go back to your breath, breathe in and breathe out...you are meant to be here.

It is a beautiful fall day, just like today. The leaves have fallen off the trees and are on the ground and look like a patchwork quilt with all the colors of fall... yellow...gold..., orange..., brown... and red...

The birds are singing and you can hear the call of a hawk in the distance.

You find yourself at a creek and you start to walk along the path. You find a large rock where you sit and let the sun soak into you, warming your bones.

Breathe in and be aware of the moment...pause. Be aware of all that is in you. Pause.

Breathe out any ideas, memories or feelings that are not of this moment... Breath in awareness of all that is around you here and

Let’s go deeper into our *authent ic* selves (clear and slow). Let's set aside our clothing and jewelry...lets give up our favorite snack foods...our car... our daily busy lives.

Now we are at the part of us that is unchanging. We are at our authentic self. Let’s look into our hearts to discover what is moving in us today.

Listen to her. Pause

What does she say?

What is dying in you in order to be reborn in a new way?

What needs caring for in you?

When you are ready, there are papers in front of you if you want to jot down your answers.

PRAYERS FOR ANCESTORS AND THE LIGHTING OF

CANDLES

Part of the Samhain ritual is the honoring of ancestors and the departed loved ones.

Take a few moments in silence to remember them by name and invite them into our circle.

When you are finished' please light a candle at the altar in honor of your ancestors and loved ones who are no longer with us in this physical world.

MYTH. THE THREE GOLDEN HAIRS

ROCKING

CLAY BALLS

LETTING GO LIGHTING THE FIRE

SING RISE UP O FLAME

SHARING

SONG TO END CIRCLE

CIDER AND DESSERT