

Round!

Keep Breathing

Nina Wise

am G am G am
 Keep breath- ing, it's the most im- por- tant part, you
 am G am am G am
 kick, and then you glide. You kick, and then you glide. Keep
 am G am G am C G
 breath- ing, it's the most im- por- tant part. It's all in the rhy- thm, it's
 C G C G am
 all in the rhy- thm, it's all in the rhy- thm of your heart.

This was originally a song written by a mother to help her child learn to swim. The words can be adapted for a birthing chant. Verses:

It kicks.....deep down inside
 It kicks.....push down inside
 You push...deep down inside

In 2 parts:

Part 1—Keep breathing, it's the most important part, it's all in the rhythm, its all in the rhythm, it's all in the rhythm of your heart

Part 2—You kick...etc.

Bless The Shining Children

C C G C
 Bless the shi- ning child- ren our love brings to ground