Autumn Equinox 2016-Apron Strings Project

We will be moving to the tables in a moment.

In the center of the table is a basket that contains your “belt” or sash. There are also strips of cloth down the center of the table. Use the strips, (not the belts in the basket), *to* write a word or draw a symbol for the things you wish to continue nurturing and the seeds you are reaping at this second harvest. Continue writing, using a new strip for each idea, until the bell rings. We will have only 5 minutes to write, so let your mind open and flow as words or images fly forth.These strips will be used to remind us of the hard work we have done this year, and the work we will carry forward!

Ring bell in 5 minutes

We’re going to tie the strips onto the sashes now. There are also colored ribbons, if you’d like to tie some of these on to make your apron more festive! When you finish, you can help others tie strips and ribbons on their belts. Leave space on each end to allow for tying your apron on. You’ll have about 5 minutes to do this.

Please don’t wear it until we tell you!