**Lammas**

**N: What is this night?**

**S: It is the night of Lammas.**

**E: What is the meaning of this night?**

**W: It is the feast of bread.**

**N: What do we honor on this night?**

**S: We honor the fruits of the earth, our ongoing sustenance.**

**E: After this feast of bread, what will we do?**

**W: We will tend and store our harvest, preserving what is necessary to life.**

**N: How do we recognize ourselves on this night?**

**S: We knead the dough. We bake the good bread. We call upon the Mother who gives us our daily food.**

**E: Who helps us?**

**W: Our Goddess helps us.**

**N: What is our Goddess?**

**S: She is the benevolence of our Mother Planet, the rich gifts of her soil, the nourishment of our bodies.**

**E: Who is our Goddess?**

**W: She is the Virgin of Light, the Crone of Darkness, the Mother of Time.**

**N: Where is our Goddess?**

**S: She is in our hearts in all seasons of the turning year.**

**E: Who is our Goddess?**

**W: Behold, she is ourselves.**