

## In the Garden

*Lia Argo* ©  
*Recorded on Heartsongs*

We are li-ving in a beau-ti-ful gar-den. Life on earth is like tend-ing a  
gard-en. For the seeds that we sow are the plants that we grow so we'll  
plant our seeds of love in the gar-den.

The musical notation consists of three staves in G major (one sharp) and 4/4 time. The melody is simple and folk-like, with lyrics written below the notes.

### Verse:

We will plant seeds of love in the garden  
We will plant seeds of love in the garden  
For the seeds that we grow  
Are the plants that will grow  
So we'll plant seeds of love in the garden.

We need sunshine and rain in the garden  
We need earth, we need air in the garden  
We need lots of loving care  
To help the crops bear  
And we'll harvest lots of love in the garden.

## Shewin Shewiliga

*Native American—Seneca Tradition*  
*Recorded by Prana on Return of the Mayflower, © 1987/88*

This harvest song thanks the birds for bringing the healing herbs.

She win she wi li ga wa ha, she wi li ga wa ha, she wi lo wa.  
She win she wi li ga wa ha, she wi li ga wa ha, she wi lo wa.

The musical notation consists of two staves in G major (one sharp) and 4/4 time. The melody is simple and folk-like, with lyrics written below the notes.