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#### BOILED CUSTARD

1 quart milk 4 large eggs 1/4 teaspoon salt

3/4 cup sugar

### 1 teaspoon vanilla

Scald milk in heavy pan - do not boil. Thoroughly beat eggs, adding salt and sugar. Beat a little of the hot milk into the egg mixture, stirring constantly. Pour egg mixture into hot milk, stirring well. Slowly bring just to a boil until mixture coats a wooden spoon. Remove from heat and beat until cool. Add vanilla and chill well.

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#### DUBLIN SUNDAY CORNED BEEF AND CABBAGE

- 5 pounds Corned beef brisket
- 1 large Onion stuck with 6 whole cloves
- 6 Carrots, peeled and sliced
- 8 Potatoes, peeled and cubed
- 1 teaspoon Dried Thyme
- 1 small Bunch Parsley
- 1 head Cabbage (about 2 lbs) cut in quarters

#### Horseradish Sauce:

- 1/2 pint Whipping Cream
- 2 3 Tablespoons prepared horseradish

Put beef in a large pot and cover with cold water. Add all other ingredients except cabbage and bring to a boil with the lid off the pot. Turn to simmer and cook for 3 hours. Skim fat from top as it rises. Remove the thyme, parsley and onion. Add cabbage. Simmer for 20 minutes until cabbage is cooked. Remove the meat and cut into pieces. Place on center of a large platter. Strain the cabbage and season it heavily with black pepper. Surround the beef with the cabbage, carrots and potatoes. Serve with horseradish sauce.

Horseradish Sauce: Whip cream until it stand in peaks. Fold in horseradish.

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#### BAKED CUSTARD WITH GINGER

- 3 Tablespoons Brown Sugar
- 3/4 teaspoon Finely Grated Fresh Ginger
- 3 large Eggs, lightly beaten
- 2 1/2 cups Milk
- 1/3 cup Granulated Sugar
- 1 teaspoon Vanilla Extract
- 1/4 teaspoon Cinnamon
- 1/4 teaspoon Salt
- 1/4 teaspoon Nutmeg

Mix brown sugar with ginger and divide evenly onto bottoms of 6 buttered individual custard cups or ramekins.

In medium mixing bowl, blend eggs with milk, sugar, vanilla and seasonings.

Pour evenly into prepared custard cups. Place cups in a large pan, then fill with hot water to come halfway up sides of cups (a hot water bath or bain-marie). Bake at 350 F. oven for 35 to 40 minutes, or until knife inserted near edge comes out clean. Remove cups from bain-marie. Run knife around edges to loosen. Place serving plate over top of cup and carefully invert custard onto plate. Serve warm or cover, chill and serve cold.

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### CANNARICULI (HONEY COOKIES)

4 cups Flour

1 cup Marsala Wine

2 Large Eggs

4 teaspoons Sugar

1 pinch Salt

Oil for deep frying

Honey

Make a well in flour in mixing bowl or on work surface. Add wine, eggs, sugar, and salt. Mix well, until thoroughly blended. Knead dough vigorously until smooth and glossy. If using processor, continue mixing for at least 1 minutes after ingredients are combined. Roll dough to an 1/8" thickness or less. Cut dough into 2" squares, starting with 1 corner, roll each square of dough loosely on the diagonal to form pastry roll about the thickness of a pencil. Meanwhile, heat oil for deep frying. Fry pastries by batches in hot oil until golden brown, being careful not to crowd pan. Use a slotted spoon to remove fried pastries from oil. Drain on paper towels. Transfer to serving platter. Drizzle honey over top or dip Cannariculi into honey.

Makes 4 to 5 dozen

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#### LIEBKUCHEN (Honey Cakes)

1 cup margarine

1 cup sugar

1 egg

1 cup honey

1 cup sour milk\* (see below)

2 Tablespoons vinegar

6 cup flour

1 1/2 teaspoon baking soda

1/2 teaspoon salt

1 teaspoon ground ginger

1/2 teaspoon mace

1 Tablespoon ground cinnamon

Prepare sour milk and mix dry ingredients. Set both aside. Cream margarine and sugar, add egg, beat until light. Add honey, sour milk and vinegar. Mix thoroughly. Chill one hour. Roll out to 1/4" thickness. Cut into 2"x3" rectangles

and place on buttered cookie sheets. Bake at 375° for 6 minutes. Frost with plain vanilla frosting.

\* For sour milk, add 1 T. vinegar to 1 c. milk and let stand for 10 minutes.

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#### NOODLE KUCHEN

7 eggs

1 cup sugar

16 ounces cottage cheese

2 cups sour cream

2 cups milk

2 teaspoons vanilla

1 cup golden raisins

1/2 cup butter

1 pound broad egg noodles, cooked

Topping:

1/4 cup crushed cornflakes 2 teaspoons cinnamon

1/4 cup sugar

sour cream to garnish

Mix eggs and sugar. Add cottage cheese, sour cream, milk, vanilla, and raisins. In separate bowl, add butter to warm noodles, stirring until melted. Combine noodles with cottage cheese mixture. Pour into 9 x 13 glass pan. Refrigerate overnight. Preheat oven to 350. To make topping, combine cornflakes, cinnamon, and sugar. Sprinkle over top of kugel. Bake 1 hour. Let dish set for about 5 minutes before serving. Cut into squares and garnish with sour cream.

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### PANNEKOEKEN (German Pancake)

2 Tablespoons butter

6 eggs

1 cup flour

1/2 teaspoons salt

2 Tablespoons sugar

1 cup milk

Preheat oven to 400 degrees. Place butter in oven pancake pan. Heat for 2 minutes or until butter melts. Spread evenly in pan. In large bowl, beat eggs slightly. Stir in flour, sugar and salt. Gradually add milk, beating until smooth. Pour into pan.

Bake at 400 degrees for 15 minutes. Reduce temperature to 325 degrees. Bake 40 - 45 minutes or until it reaches a deep golden brown. Remove from oven and immediately slide pancake onto a serving plate. Fill with fresh fruit and top with

confectioners sugar. Serves 6.

This recipe is served at The Haddie Pierce House Bed & Breakfast.

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#### GRANNY'S IRISH SCONES

16 ounces Self-Rising Flour

- 4 ounces Margarine
- 3 ounces Sugar

Milk

- 2 Eggs
- 5 ounces Raisins or currants
- 1 teaspoon Baking Powder

Mix flour and margarine together with your fingers until the mixture is fine; add sugar, raisins and baking powder. Beat eggs and add. Pour in enough milk to make mixture into a sticky dough (not too wet). Lift out onto a floured board and flatten out to 1-1/2" in thickness and cut out scones with a biscuit cutter. Place 6 on a greased baking sheet and brush tops with a little beaten egg (this helps them to brown). Bake 15 minutes in preheated 400~ oven.

Source: Granny's Kitchen, St. Patrick's Rock, Cashel, County Tipperary, Ireland.

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#### IRISH SODA BREAD

1 1/2 cups All-purpose flour -- unbleached, enriched

1 1/2 cups Whole wheat flour -- stone-ground

1/4 teaspoon Kosher salt

1/2 teaspoon Baking soda

1 1/4 cups Buttermilk

Set the baking rack in the center of the oven and place a baking stone (if available) on the rack.

Preheat the oven to 375.

In a mixing bowl, combine the dry ingredients. Mix to incorporate. Make a well in the center of the dry ingredients and add the buttermilk. Mix quickly to incorporate the milk evenly. It may be easier to mix with the hands than with a spoon. Form the dough into a loaf shape and place in a nonstick  $8\ 1/2\ x\ 4\ 1/2\ x\ 2\ 1/2$ " loaf pan. Place in the preheated oven and bake for 50-55 minutes, until well browned and a skewer inserted in the center comes out dry. Remove from the oven and the baking pan. Place on a wire rack to cool.

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#### **MULLIGATAWNY SOUP**

- 3 Tablespoons Butter
- 1 Tablespoon Vegetable Oil
- 1 large Onion, chopped
- 2 Stalks celery, sliced thinly
- 3 Carrots, diced
- 1 1/2 Tablespoons Curry powder
- 2 Tablespoons All-purpose flour
- 5 cups Chicken stock
- 2 Tablespoons Long grain white rice
- 2 Tomatoes; peeled & chopped
- 8 ounces Chicken; cooked & diced
- 1 small Apple; cooked, peeled, cored & diced

Salt to taste

Fresh celery leaves

Heat butter and oil in a saucepan. Add onion, celery and carrots; cook gently 5 minutes. Stir in Curry Powder and flour and cook 1 minute. Stir in stock and bring to a boil; add rice and stir well. Cover and simmer 20 minutes, stirring occasionally. Add tomatoes, chicken, apple and salt. Cover again and simmer 15 minutes. Garnish with celery leaves and carrot strip, if desired, and serve hot.

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#### **BAILEY'S IRISH CREAM TRUFFLES**

1/4 cup Bailey's Irish Cream1 Tablespoon Butter12 oz semisweet chocolate pieces2 egg yolks1/4 cup Heavy Cream

Melt chocolate pieces, Bailey's and heavy cream together over very low heat. Whisk in yolks, one at a time, mixture will thicken. Whisk in butter. Refrigerate several hours, or overnight until firm. Make small balls with a teaspoon. Roll in powdered sugar or cocoa.

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#### **ROSE - HIP WINE**

- 3 pounds of rose hips
- 3 pounds of sugar
- 1 gallon boiling water

Wash the rose hips and cut them in half. Put them in large bowl and pour boiling water on them. Stir well with wooden spoon. Cover bowl and leave for two weeks. Strain off liquid into another bowl and add three pounds of sugar. Stir until dissolved. Cover bowl and leave for 5 days, stirring daily. Bottle, remembering to cork loosely at first, and store in a cool, dark place. Push in corks when wine has finished fermenting. It will be ready to drink in 6 months.