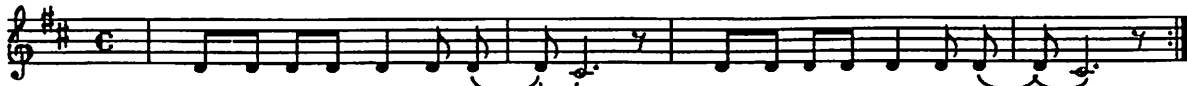


Step into the Holy Fire

Sanyassin Chant—Osho (Rajneesh) Community



Step in- to the Ho- ly fi - re; step in- to the ho- ly fl- ame.

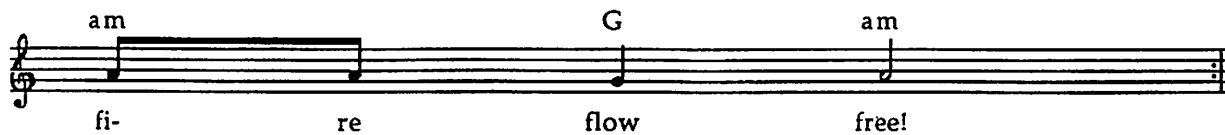
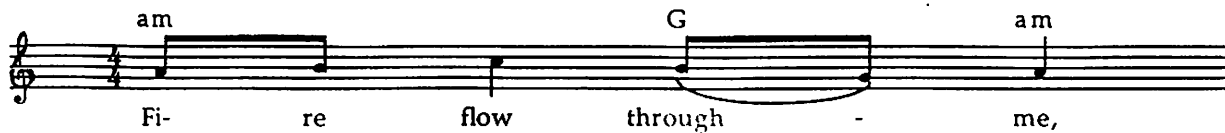


Ah - - - - Alle - lu - - ya

As you chant, imagine yourself becoming one with the fire, and dancing in the flames. Try doing harmonies a third and fifth above the melody.

Fire Flow Free

Ariana Lightningstorm
Recorded on Renewal by Kiva © 1991



Power of the FIRE

Preface

The fire element is associated with spirit, passion, power, the male principle and transformation. It symbolizes light, our illumination, the divinity of the soul. It relates to the will, to our ability to be direct, active and assertive. Energetically, fire is connected to the solar plexus chakra, our digestive processes and the physical sense of sight. Imbalanced fire energy can lead to eruptions of anger, rage, fever and infection, or if deficient, fire leads to a loss of vitality and inner passion. Fiery people often burn out, over-extending themselves beyond their limits.

Fire Meditation

All light at once

Meditate, chant and drum by an open fire in a sacred circle. Dance with the swirling flames and glowing colors. Feel the fire moving within you, warming and enlivening your spirit. Ask the fire spirits to reveal their inner nature; listen to their message and guidance for you.

As you hold a log or stick, get in touch with what you want to let go of, to change in your life. Fill the wood with those things you wish to release. When you are ready, throw it into the fire to be consumed and transformed.

Were going to leave the circle to find an object

