MABON September 19, 2009 9-12:30 at 5 Mile in the Park

Facilitators: Beth, Bonnie, Ellie and Jean

9:15-9:30 Blessing-Bonnie/Jean

9:15-9:30 Casting the circle- Bonnie

9:30-9-40 Mabon and King Arthur-12 Knights- Jean

9:40-9:50 Calling the virtues/All

9:50-10:05 Choosing a virtue, Ellie

10:05-10:40 Small groups for healing and sharing- All

10:40-10:55 Meditation back in larger circle, Ellie

10:55-11:55 Passing the apples and sharing-Bonnie

11:55-12:30 Lunch

Bonnie:

So, here are my ideas for the altar:

A red cloth will be used in the center of the circle with a basket of red apples in it, one for each person in the celebration.

There will also be a basket of fresh herbs and another of nuts. There will be leaves, pomegranates and fall flowers too. A branch will also be on the altar.

As the women arrive Jean and Bonnie will greet them and help with their food and place settings. Ellie will take care of the sit things and place them in the circle.

Beth's blessing for each woman will be said by Bonnie and Jean. We will use the anointing oil as we say, “Welcome, sweet sister, to the turning of the season. May you continue to journey on your personal path with greater dignity, grace and balance. Know deeply the goodness of life’s bounty and love."

Each woman will find her place in the circle and sit quietly until everyone is in place. There will be a piece of paper, pen and directions for writing what she is grateful for. The papers will be folded and placed on the altar.