Autumn Equinox 2015

Arrive at 1:30 to set up and run through

A: black board sign; dishes, silverware, napkins, water jugs; clay bowl; little bowl of water; look for glow in the dark necklaces; different infused waters (citrus); flash light; Christmas lights;

B: 2 moon vases; glassware; different infused waters (mint-cucumber); alter stuff (harvest)

D: rope lighting; battery candles; alter stuff (grasses? Flowers?), a diagram of Sun-Earth-Moon eclipse; dinner bell unless Anne has one already

**6:00-6:45**: Women arrive, set up their chairs in the back, add alter items, get food and return to circle to eat (black board on counter with instructions)

**6:45-7:00**: Bell for clean-up and bathroom

**7:00-7:15:**

**(A):** *Read* ***Bonnie’s opening***, Cut an apple/ pentacle, walk in a circle and read-

**(B):** ***Introduction to Moon Tides.***(At the end of introduction we ask them to hold hands and we step to the outside of the circle. If our chairs are place in the circle first, we will be in a triangle)

**(A, B, & D):** ***Call in the directions using the Tides.***

*End the whole thing with the 3 of us saying, , “The circle is cast*”.

**A** starts then, **D**, then **B**…After we say the “the Circle is cast”,

**“What is this day” choral response**

**7:15-7:30:** **(Anne)** *Autumn Equinox Intro*

*(****B*** *starts water blessing in the bowl):* While **A** reads the **intro**, each woman dips in the bowl of water and blesses the woman next to her. When all have been blessed with water, **B** ceremoniously pours the water around the tree to symbolize the preciousness of water. As she pours it **A** finishes with something like this:

**A** reads: (at the end, B sprinkles the water around the tree while)

The moon is high above us, giving us light in the dark.She illuminates our world, our souls, and our minds.Like the ever-moving tides, she is constant yet changing.She moves the water with her cycles, and it nourishes usand brings life to all living things.With the divine energy of this sacred element,in this sacred space, we return this gift to You in gratitude for your life giving force.

**7:30-7:40 (D): *Introduction to Walking Meditation***

**6:30-7:30: *Walking meditation*** *total time*

***7:40: (D)*** *Turn to full moon… “Feel the fullness of the light within and around you”*

***7:50: (B)*** *¼ turn “Shadow approaching”…*

***8:00: (A)*** *New moon-full eclipse- Owning our shadow selves-Go into our shadow…*

***8:10: (B)*** *3/4 turn- The light returns and is illuminating the shadow…*

***8:20: (D)*** *Full light returns and closer …*

*(* After closer **B and D** sneak ahead to, turn on the lights in the alter, and put out sage packets.)

***8:20-8:30- (A)*** Women bask in the full moon, then slowly return to the back yard singing a song. (Giving **B** and **D** time.)

**8:30-9:30** **(D) Begins Sharing…**

**9:30 to closing: (B) *Instruction for sage wand***

*While they make their sage wand, we smudge them.* ***B:***

**“As you burn your sage wands for cleansing, remember they were created with full Moon’s magic winding between the leaves. They will be Power Full!”**

*9:50: (****D****) Closing*

**“Tonight our magical journey brought forward an awareness of the connection we have with Moon, and her relationship with Sun and Earth. The different phases she passes through, profoundly affect our lives. Normally, we don’t even notice the changes in our bodies during these transitions. But they are there. Tomorrow night, as the eclipse passes overhead, remember your journey tonight. Make a conscious choice to acknowledge the power that surrounds you during this time and choose wisely how to experience it. Your body will experience a month’s cycle in 5 hours and 11 minutes! And…another tetrad will not occur for 17 years. How old will you be? I will be 80!**

**9:55: Sing closing songs**