AUTUMN EQUINOX 2001 Beth, Laurie, Shannon, Debby

3:00 Enter into sacred circle: Blessing- Rosemary smudging, salt water sprinkle, pomegranate.

1. May you feel the fullness of Earth Mother’s gifts to you this season
2. ...freely let go of what is finished and needs to pass.
3. It is a time to heal yourself and the earth so all is whole and well within
you.
4. As you go into the darker internal time.

3:30 Music making as we enter circle. Kore Chant
(Debby starts) Her name is softly spoken,

Her face is not forgotten.

Her power is to open,

Her promise can never be broken.

All seeds she deeply buries,

She weaves the thread of seasons.

Her secret, darkness carries.

She loves beyond all reason.

She changes everything she touches, and
Everything she touches, (then next in the circle says,)

She changes, She touches (next) She touches, she changes,

(next) Change us, touch us, (next) Touch us, Change us.
Everything lost is found again.

In a new form, iin a new way,

Everything hurt is healed again,

In a new life, In a new day.

3:45 (Beth short intro) What this time of year means to us.

1. (Debby) Fullness of bounty, Blessing what has been. Strength and nourishment
we’ve rec’d. What we planted has been gathered, (see attached.
2. ( ) Dieing back, Letting go, what didn’t happen
3. ( )Acknowledge what we need to have healed, inside and out. Trust to go

into the darkness.

1. ( ) Regeneration, everything that is lost will be found again.

4:30 (Debby leads off) What do have you harvested that you wish to give
thanks for? (a moment of silence.) What do you give back to the earth?
(another moment of silence.) “We’ll share and then go to the alter with our gift
to the earth. When your done, say “Thank you, Mother.”

(Debby) I’ve been blessed (or nourished, or gifted) with... I give

back to the earth (go to the alter and place it on the alter.) I say,

“Thank you, Mother.” The rest of the group says back, “Thank you, Mother.”

4:45 ( Shannon) Meditation on Earth Healing Hands holding the globe.

5:00 (Beth) Group healing in small groups.

5:30 (Laurie) Gifts of bracelets Closing song. (Debby) Then FEAST!

(Shannon)

(Beth)

(Laurie