**Call in the Directions -2017**

**East:** Spirit Keeper of the East, be with us in the time of birth, of coming to life. Just as the sun God comes over the horizon, out of the night sky, we too come out from the womb, and into the light of the world.

Safeguard us during birthing; encourage us to adventure and experience all things. Let our childlike ways abound. Let us be boisterous, and giddy. With your loving eyes and guardianship, protect us, assure that we grow and learn all that is possible, that is good, beautiful and true, inside and all around us.

May we know the innocence and magic of childhood, the simplicity of true emotion. Smile and laugh with us; soothe us when we cry; teach us the ways of the world- to be strong and courageous, just and honest.

**South:** Spirit keeper of the South, be with us in this sweet summer time of youth and sexual energy. Watch over us as we test the world and our own abilities. Help us to remember to love and feel compassion for all. Help us to walk our path with joy and love for the two legged, for the four legged, the winged ones, the plants and all creations upon Mother Earth.

Show us it is right to make decisions with our hearts, even if at times our hearts become hurt. Help us to use our adolescent energy to grow and nurture ourselves and our community.

**West:** Spirit keeper of the West be with us in our adulthood as we reap the harvest of hard work. Bring healing to the people we love and to ourselves. Bring into balance the physical, mental and spiritual, so that we are able to know our place on this earth, in life and in death. Heal our bodies. Heal our minds, and bring light, joy and awareness to our spirit.

**North:** Spirit keeper of the North be with us. As each day passes, help us to surrender with grace the things of our youth. Help us to listen to the quiet and find serenity and comfort in the silences as they become longer. Give us wisdom so we are able to make wise choices in all things which are put in front of us, and when the time for our change of worlds has come, let us go peacefully, without regrets for the things we neglected to do, as we walk along our paths.