

Fairy Ritual Taken from <http://www.angelfire.com/realm2/amethystbt/faeries.html>

- **Magic Circle:** Have each woman set a magic circle around them with their wands. Have women close eyes and visualize casting a circle with their wands. Visualization is key. A bubble of blue light or blue flames
- Have each women draw a circle around our circle with their wands. Visualization is key. A bubble of blue light. Blue flames.
- **Anoint** with rose oil

Meditation

- Sit down. Get into a comfortable position- either sitting or laying down.
- Close your eyes and breath in and out slowly. (3 breaths)
- As we sit here relaxing I want each of you to get into a space of pretend. Do you remember that word? Do you remember being a little girl and playing “pretend”, when your imagination ran wild?. Remember what it was like as a child when you played “pretend.” I want you to be that little girl, to turn on your imagination, and pretend we are going on a journey to visit the fairies.
- Find the dark place behind your eyes. Focus your attention on that spot. Imagine yourself sitting on that warm darkness behind your eyes. (3 breaths)
- Pretend that the darkness in your head begins to fill with a glowing green like magic. That green light is Fairy energy. If you don't think that you see anything, just make it up. That's what pretend is all about. It's make-believe. (2 breaths)
- Once you pretend you can see the fairy energy, try feeling it. Feel that magic, green, Fairy glow start swirling around you.
- As it swirls feel it bathing you in its beauty and magic. Feel it cleanse you, bring you light, and energy. Let it work its magic on you. (3 breaths)
- Now let's try pretending some more. Pretend that you see that Fairy green begin to transform into your favorite outside place—a meadow or garden. Or maybe your special place in the forest or by a creek. Find your special place and be there. (2 breaths)
- Hear the sounds around you. Smell the fragrance of spring. See the beauty around you. (2 breaths)
- See yourself sitting on a rock or log in your favorite place. See yourself clearly. Imagine that you are sitting comfortably. Pretend you are holding your fairy wand. Remember that your wand has magic powers. I can be used to create magic to entice the fairies, and as a charm of protection and power. See yourself holding your powerful wand. (2 breaths)
- Now pretend that you hear something in an oak tree. Or, you saw a flash of light out of the corner of your eye. Focus your attention in that direction. There may be fairies hiding nearby. Look a little closer. Is that a fairy hiding spot? (2 breaths)
- Say hello to the fairies. Tell them that you are a friend, and you mean them no harm. You only want to play, and giggle and laugh with them.
- Ask for the friendly fairies to show themselves. Some fairies are bold to show themselves, ready to dance, sing and be merry with human friends. Others are shy and slower to show themselves.

- Do you see any yet? If your fairies are a little shy, try enticing the.
- You can use your wand to entice the fairies. Pretend golden bubbles coming from your wand and blowing in the breeze to where the fairies hide. Imagine this pleasing the fairies and making them giggle.
- When you do see the fairies, say hello. Greet and welcome them with dignity and courtesy. Ask his\her name. If no name is given to you, you should end the visit, and use your power wand if you need it.
- Ask the fairy to give you a special blessing, or words of fairy wisdom. (5-10 breaths)
- It's time to say "Farewell" to your fairy friends.
- Make thanks for the visit, and for any help you were given. Promise your fairy you will give him/ her an offering of flower petals and sweets as a sign of your gratitude and appreciation this morning.
- Imagine waving goodbye to them as your favorite place begins to fade as you bring your attention back to the center of your head. See yourself sitting in the warm darkness behind your eyes.
- See the space filling up with gold light from the sun. Imagine the golden light pouring into the top of your head and filling your entire body.
Invite each woman to go to the alter in her own time to say thank you to her fairy friends. Give the fairies their promised flower petals and sweets.

- **Offering:** When you feel ready, you can go to the alter in your own time. An make an offering to the fairies. Give them gifts of flowers and sweets. Say a silent thank you and wish to see them again soon.
- Return to the circle.