

WINTER SOLSTICE 2003

SET-UP - Cozy space, blankets and pillows, fire in stove, slight scent of incense, soothing music playing, take food at kitchen door, enter through back room

BEGINNING - through the hallway: Aura stroking - Beth, welcoming words

Clarity oil - Wendy, welcoming words

Entering the circle through the vagina (hula hoop) - Marty and Jean
Jean hands out the cards

RITUAL - 1) Calling the four directions, starting with the East (Marty), next South (Jean), followed by the West (Beth) and concluding with the North (Wendy)

2) Reading of poem - Beth

3) Brief intro to the Winter Solstice - Marty

4) Reading of solstice story - Wendy

5) Introduce bells (on altar); ringing bells

6) Visualization of planet and our role with it - Jean
song- Peace on Earth (handout)

7) Quiet time with divine self - Marty

8) Group sharing and lighting of candles - Beth
one black candle-affirmation of an ending
one white candle-wish for new something to begin
multiple red candles-affirmation of something that exists, honoring
our traits, manifesting

TRANSITION - preparation to going outdoors, putting on shoes and jackets while singing "Joy to the World"

OUTDOORS - 1) lighting the fire; words about the dark and night - Beth

2) Sharing of the Aces by enactments: sharing a related blessing for each

Swords-clarity, setting the focus, new beginnings, AIR, Marty
Wands-will, hope for the future, warmth for creativity, FIRE, Wendy
Cups-love, surrender to beauty and emotions, WATER, Beth
Discs-meditation, manifesting, EARTH, Jean

SHARING A MEAL - hot cider and tea, etc., 6 pm