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**Summer Solstice Itinerary**

**6:30-7:15 Beginning (We'll carry people's drums to the circle for them.)**

* **Welcome and explanation of first activities; brief discussion about Beltane (Marty)**
* **Eating and check-in about the status of the dedication from Candlemas; also share meaning of**

**items brought for the altar**

**7:15-7:45 Cleansing (LeeAnn at the beginning of the path; Debby and Marty at the end)**

* **Walking to the sacred space, down the path with the "Solstice" words on the way (We'll take sit upons to the circle; participants will pick up burnable object while walking)**
* **Entering through the sun hoop**
* **Cleansing with rose water and cedar bough (We will say whatever we are moved to say)**
* **Giving of the rose (stemless) and match, and participant's placement of items on the altar (LeeAnn will bring the wooden signs and place one behind each woman.)**

**7:45-8:00 Introduction (In a circle)**

* **Sing the Circle Round the Wheel (LeeAnn)**
* **Read through "What is this Night?" (handout-Debby)**
* **Other info. on Summer Solstice and items on the altar; include transition from Beltane (brief‑**

**Marty)**

**8:00-8:20 Fire Meditation (Debby)**

* **Light the fire with matches; everyone participates (four candles in the four directions)**
* **Fire meditation on letting go and surrendering; with eyes open watching the fire**
* **Burn that object carried from the walk that symbolizes the letting go; name it before tossing it**

**into the fire**

**8:20-9:10 Meditation on Masculine Power (Marty)**

* **Meditation on male power (lying down); ends with focus on what passionately want to have in your life**
* **Drumming and feeling the energy; letting sounds emerge**
* **Fire jumping and making guttural sounds (others continue to drum); visualize what**

**passionately want; later in the jumping verbalize what it is
9:10-9:25 Blending Energies (Debby)**

* **Blending the female energy with the male energy; sending the passionate desire/want into the flower (be in your body, feel the two energies and breathe)**
* **Floating the flower with the desire/wish down the creek; return to the circle in balance**

**9:25-9:35 Closing (LeeAnn)**

* **Reading of "Burn Bright Flame Within Me"**
* **Burning of herbs (Feverfew, Lavender, Sage, Mint, Basil, Rosemary, Thyme); explanation if known**
* **Close with Celtic Goddess Blessing song**

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| **Debby** **altar clothsun candlesdining clothTiki torchesseashellswooden bowlcedar bough** | **Marty LeeAnn** **herbs seashells****roses (clippers) sun hoop****long matches words for steps****seashells herbs****firewood rope****bucket****handouts****fire pan****rose petals** |

**FIRE LIGHTING**

**Look at your left hand, (or your non-dominant hand). When**

**you use this hand, it opens doors within you. Using it**

**allows you to enter into a non-ordinary realm. With this hand, pick up the match you've been given. Like a sorcerer's wand, it carries the magic of fire. In your other hand, your hand of doing, pick up the object you carried on your journey here. Hold it gently, comfortably. Let it become part of you.**

**In front of you burns a sacred flame. It is a Catalyst - a Beginning. And Beginnings pulse with power. Focus on this flame and go within yourself. Feel the places within you that are tense. Notice places you are holding tight, those places are like locked doors or veils, held firmly in place. They hold energy you've ignored, feelings you'd rather not feel, things you don't want to see.**

**When you light your match with the sacred flame, it's like a sorcerer's wand gently unlocking or loosening these areas. Be aware as you ignite the fire. You are the sorcerer holding the wand. Be the sorcerer. Ignite the magic of the fire and as you do this, keep your awareness of that place of tension within yourself at the same time. As you gaze into the fire, imagine it the key to unlocking doors within, loosening, unfolding, and relaxing. Become the fire.**

**Now, as one, we will light the fire in the center of the**

**circle. Watch your fire catch hold - feel it catch hold inside of you...building. Gaze deep into the fire, entering deeper and deeper. Now, carrying this fire with you, being the fire, enter those unlocked places within yourself. Open the door, move aside the curtain, and step inside. This is the holding place. Those things you haven't let go of. What's in here that causes you pain, sorrow, fear. What's in**

**here that holds you down - that you haven't let go of. This
energy holds you down, it keeps you from dancing in your fire.**

**Feel the energy it sends out, see its form, its texture its taste and smell. Now, transform this energy into something** you **hold in your hand. Use your magic. Call upon your power to coalesce the energy into the object in your hand. Feel its weight. Remove it from of the holding space and see it in your hand. You are the fire holding this energy. Your fire energy surrounds it, tastes it, and learns it. You, the fire, acknowledge the higher purpose this energy existed for. It was here as a gift for you. What has it taught you?**

**Thank it for its teachings.**

**You are the flame. This energy has weight that you can transform, from solid to ash. It transforms as you do. You no longer carry its weight within you. Feel the lightness. Your fire burns higher, brighter..**

**Look into the fire in the circle. Feel its heat and warmth. It is power. Feel the heat and warmth inside you. You are power. Take the object in your hand and put it in the fire. As you watch it, if you feel moved to, give voice to what has been transformed in whatever way you choose to.**