**Pulsing Indigo Now  by Cathy Casper**

Now pulses forward
velvet black gives way to indigo, to lavender, to creamy blue
the events of a day nestled against themselves,
so many petals tight in the bud.

it’s in the nature
of stars
to release heat and light
in streaming bursts
it’s in the nature
of planets to circle
and spin,
to give and take
in their turning journey
it’s in the nature of plants
to open in blossom
and close in seed
to release
fragrance and beauty

it’s in our nature
to set up and take down
to act out
and to go deep within
to go deeper within
to find
the precious
state of awareness
to celebrate
the pulsing now