**Pulsing Indigo Now  by Cathy Casper**

Now pulses forward  
velvet black gives way to indigo, to lavender, to creamy blue  
the events of a day nestled against themselves,  
so many petals tight in the bud.  
  
it’s in the nature  
of stars  
to release heat and light  
in streaming bursts  
it’s in the nature  
of planets to circle  
and spin,  
to give and take  
in their turning journey  
it’s in the nature of plants  
to open in blossom  
and close in seed  
to release  
fragrance and beauty  
  
it’s in our nature  
to set up and take down  
to act out  
and to go deep within   
to go deeper within  
to find  
the precious  
state of awareness  
to celebrate  
the pulsing now