

2016 Spring Equinox
March 19th 2PM-6PM Beth's House

Gathering, food brought in and celebrants pick a stuffed animal companion for the day. Sit things taken to circle. (or upstairs)

15

Celebrants leave house through back door and move towards circle.

Weezie- Anointing oil

Beth- Feather brushing/cleansing

Lynn-Drumming in circle and instruments

20

All- Weezie East, song, Lynn South, song, Beth West, song, Nan North, song and finish with choral reading. Songs: Spirit spirit we are calling

Beth-Set the stage about Spring Equinox and play & magic, For Celebration poem to close this part.

25

Lynn lead (song we're following the leader) Follow the Leader to Food and bless it with explanation to eat when hungry so as to have enough energy to play. Food Blessing song by Lynn

Lynn Lead, song, Follow the leader to TeePee,

as women enter wrap them in their cocoon. Swing by for sit things if needed

Lynn- Acknowledgement of winter, reflection, darkness, stirring, music

(wings are spread before them)

10

Weezie- Something wonderful has happened, a metamorphosis, they awaken to the light and find they have wings! Send out to stand in the light.

SONGS

Move outside the TP and stand in the light

10

Lynn-light meditation

Intro to play discovering your play personality, how do you bring joy into your life?

30 minutes of exploring and finding a message (when found they can take it to their seat and keep exploring) Play music

coloring

making music

scarf dancing

comics & children's

exploring

snacks and potty

books

bubbles

Listen for bell and gather sing a song "Joy songs"

20

Weezie- time to plant and story of 3 sisters, seeds given out

While walking to garden sing "My roots go down"

Blessing of the seeds and planting with poem

30

Beth- Back to Circle to find secret message and share. Blessing and song.

To Bring: Yellow or green cloth for altars, 6 eggs, 6 inspirations, umbrellas

Beth - Instruments, stuffed animals, animal choosing sign, blankets, Baskets, exploring stuff, balloons, flowers, 3 sisters poem, nuts, tuna and humus sandwiches, celery sticks with almond butter, feather
Lynn -accordion- bubbles, scarf juggling, blankets, wind chimes, music, play music, play personality signs, tea sandwiches, drink dispensers

Weezie - food sign, light blankets.wings, seeds, sticks for beans and squash, garden design, anointing oils-violet, lemon thumb prints, lemonade

Nan-collect sit things that go to the TP, food goes ??? weather dependent
Read North in calling in the directions, Support Lynn in following the leader with song, help wrap women in blankets in TP

Lynn driving her van and start pick up at 10 to Weezie by 10:15.

*We call to the East
the place where the sun rises
the place of new beginnings
We call to the element Air, come, be with us today
remind us of our first breath
be with us in the newness of every breath*

*We call to the South
the place where the sun
rides through the sky all day
We call to the element Fire, come, be with us today
show us great passion
and the power of transformation*

*We call to the West
the place where the sun sets
and looks back on the day
We call to the element Water, come, be with us today
bring us the tides, and the flow of life
help us to move around our obstacles with grace*

*We call to the North
the place where the stars dance
in a spiral of darkness
We call to the element Earth, come, be with us today
keep us grounded and centered
show us the rich soil that turns decay into new life*

*We call the whole sky above us
We call the whole planet beneath us
We call the spirit and the love within us
We call all that is, all around us
the Great Spirit that moves in all things
Come, be with us today
We celebrate all that is
with such deep gratitude
We give our joy to renew this miracle
again and again
Forever and ever...and ever*