Imbolc 2015

Greeting at the front door with mint tea (basket) **Brushing** with pine branches, casting off the past, purification- Susie Sandalwood insence outside

Drumming circle

4:45

Calling the directions- Carol, East- Lynn, South-Susie, West-Nan, North Wendy, within, without 5:00

Poem -Wendy
Introduction to Candlemas-Nan
Initiation- and gifting Carol

Developing Intuition through the Tarot-Lynn

This evening our celebration is centered on expanding our intuitive abilities. As we move along the path to the full realization of our universe of qualities we need a navigation tool to guide us. We are using the tarot as the guide to deepen our intuitive knowing. So first let's give ourselves permission to know that part of ourselves. That we have knowledge that is universal and connected to all, a wisdom that set the stars in the heavens and the planets spinning.

Put your hand on your heart, close your eyes and stroke that part of you in your heart that thinks, speaks and acts out of love and repeat after me: "I am a divine creature, connected to the greatest love of all." Breathe deeply and inwardly speak kinds words to yourself. (pause)Promise to take care of that sensitive, deep feeling part of you.

Now with your left hand gently tap the middle of your forehead to awaken your insight and then take both hands and hold your face. And repeat "I am held in a body of wisdom that creates everything. I use this intelligence, for the good of all" breathe deeply and speak kind words to yourself. (pause) Promise to give yourself time to think through things and to look at different perspectives.

It is safe here to see things and know things through my intuition. My intentions will become clearer through this knowing. Take a deep breath

<u>Pass around tarot deck- Please take a card</u> just to understand the deck-we're not making meaning yet

Reading the tarot is an art requiring the use of your intuition. We're going to do it together tonight whether you are familiar with tarot or new to it. We are using the Voyager deck, a very friendly deck, loaded with symbols easy to interpret. wait

On the back of each card is a cross-section, composite view of DNA, the genetic blueprint found in all living cells. DNA symbolizes the fact that you are the universe in microcosm-a Universe Self. The number of ways the message coded in DNA can be expressed is greater than the number of subatomic particles in the solar system. Your unique pattern of DNA that spells out the nature of your unique being makes you as vast as the universe. The structure of DNA is such that any one part is like the whole. You must recognize your complexity in order to realize your full potential. The Voyager deck is like the universe and like yourself, full, intricate, interwoven, dynamic and mysterious.

Turn your card over

<u>Explaining the deck</u> All Tarot decks have the Major Arcana Cards and 4 suits in the minor arcana. In this deck the Major Arcana Cards have Roman numerals on them and then an archetypal self printed like the Empress & Emperor, the fool child, the magician, sun & moon, death, fortune, lovers-there are 22 archetypal Major arcana cards

The 4 suits in the minor arcana are Crystals, Cups, Worlds, Wands. Each suit goes from the ace-10 and then child, woman(mother), man (father) sage (grandmother) - they are family cards instead of the typical royalty cards.

Each suit refers to a specific domain within yourself

Crystals symbolize mental states and qualities-the mind-crystal clear-sharp-awareness-insight- multifaceted

Cups the emotional-feelings-relationships

Worlds the physical, worldly- stuff-finances

Wands the spiritual-eternal light-the great mystery

The tarot is designed to spark intuitive thought. Tarot symbols are non-written, non-verbal instructions that free you from following the rational, thinking mind. You are guided by your intuitive inner vision. You **see** your way with insight. Do what I am doing and say this 3 x's I see the way....

By trusting your intuition, you live in harmony with the vibration of the cosmic rhythm. Through the symbolic process, you **feel** your way. Do what I am doing until you feel your breath in rhythm with your movements (cont. until rhythm develops)

Intuitions arise naturally through the tarot card symbols. They are not something you have to think about, or particularly cultivate and certainly nothing to worry over. The more you experience the tarot, the more open and receptive to intuitive insights you will become. We are going to use the deck now to get information for ourselves and also to do a group reading for this present moment.

Look at the DNA molecule on your card containing the universe with unlimited expression. Take a breath. I am going to pass the deck around again, put your card back in the deck and cut the deck with your left hand as you take a breath, pass the deck on. While the deck is being passed on, focus on your breathing and when you feel settled ask yourself "what is my intention for this year?". See and feel your way with this question. What is my intention for this year?

Now _____ is going to spread all the cards out and each of us is going to pick one. Do it

I want you to sit with the card quietly and see and feel your way to what information this card has for you. How does it relate to your intention? Does it relate? Does it take you in another direction? Is it welcomed or unwanted? Remember negative cards are opportunities shown to us. What meaning are you making?

Reflect in your journal the information that has come to you.

Point to altars and do a walk about to see which one calls to you and choose one There will be a facilitator there to guide you on. (facilitators keep the balance with #'s agreed upon at start of celebration) 6:00

Facilitators lead small group discussion and invite Personal ah ha's and then move to group reading to get to one card from your realm for the group reading 15 minutes

Break before calling together while facilitators put food together

Bring the group into silence with shaker

Invite the realms to place their cards in the Women's Celebration Intuitive 2015 Spread. "Mental realm please bring forth your card" also bring the candle

Please remain in silence as you listen to the message of this spread, see and feel your

procession style.

Please remain in silence as you listen to the message of this spread, see and feel yo way to the meaning for our group here in this moment, this time, this place. Get what you get. (give group time to see the cards and move around)

Now is the time to share what you want from the cards. Maybe its was a personal message, maybe a clarification of your intention, maybe you see clearly what the cards are saying about our group and want to share your perspective. 1hour Take a picture, Sharing, music and dancing, ending song.

> 7pm clean up for dinner, get your plates-explain eating Eating together on the floor in courses.

Things to bring:

Candles, holders, metal, glass votives, Stars and moons in gold and silver, moon staff Red carpets, African textiles, sheer fabric, table fountain, altar supplies Big platters, serving bowls, baskets, tea cups (basket to collect) small flash lights

Lynn to check with Debbie and Joy for votive holders, 2 decanters, toasted almonds **Carol** bringing lemons in bowls

Nan bamboo poles, signs for realms, lemon water, crystals, music

Susie sandalwood incense, music

Wendy olives, wine, tagine

Wendy and Susie making moons and stars