

Beth's

CANDLEMAS/IMBOLC 2013

1. Eat Meal— then have ladies do **Angel Cards** while waiting to be purified
2. Purification/Cleansing-Welcome 1 or 2 ladies- Bells, Water Bowl with Herb., Anointing oil, towels for drying hands in water,

Terri
Munton

- Lynn-"On this night of Candlemas, may your senses be awakened..
- - Feel the warmth of water as it cleanses your body
- Joy - Breathe in the scent of to remind you of your connection to nature
- Beth -Let the bells, welcome in the angel fairies and guide your spirit,
- Joy- Behold the Beautiful being that you are...(mirror)

Beth

It's time to recharge your spiritual batteries so you may receive the sacred wisdom and energy of Gaia." *self.*

3. Big Circle-

a. (Beth) History of Imbolc

b. Celebrate the birth of the Sun
 Light the way O Lucina
 Dance around the altar side
 Blessed be the Great Mother

2x

c. Calling in the Goddesses ...

stand

Feel the element & welcome "...."

Beth--Earth--- "Oya" – (West Africa)-Goddess of Change and free women

feet on the ground
Lynn--Air—"Sappho" (Greece)- Mother of Poetry, foremother of inspiration

Terri--Fire- "Pele" – (Hawaii)- Goddess of Women's Passion and Power

Joy--Water- "Tiamat" – (Sumer) Dragon Mother for the emergence of women
And Spring

feel the power of your spirit

ALL--Spirit- "White Buffalo Calf Woman" -Receiver of women's vows

welcome



4. Tea Ceremony-China Cup and Saucer given to each

a. **(Beth)-Intro-**Brid is the harbinger of Healing Spring. Brid's light helps to restore our strength and resolve while her fires serve to purify and cleanse.

At this time of year, we use herbs, seeds, dried fruits and plants in tonics and potions. Imbolc herbs and ingredients are charged with the energy of the sun as well as purifying elements that will help us bring clarity and well-being to the body and spirit. We will now be infused with lemon, honey, garlic, sage, rosehips, chamomile and nettle, peppermint, red clover

Father Sun, Mother Earth

b. **Lynn-** talk about individual cups with it's own unique design, like us. Recognize the beauty, creativity

c. Then PASS out cups-Pour tea from each Leader's pitcher

d. Let's take our first sip together and say *Lynn*

Joy- **Now we take in WARMTH**- feel the fire in your belly- All say **'Warmth'**

Terri- Now we sip in **Courage**- *feel the courage of lions*

Beth- We ingest **Inspiration** - *from our own hearts and all our spirit guides*

Joy- **Love** - *like a lotus blooming in our hearts universal*

Joy- **Truth** - so we may know the truth of our spirit

Terri- **Passion** - *gulp of passion - coursing thru body*

Beth- **Strength** - *drink in the strength that you will help manifest your*

Lynn- **Clarity** - *getting kbps & magic in this potion - visions for*

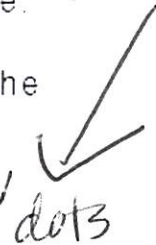
e. Terri- Blessing of Solitude *clear our minds*

close eyes

As you recognize in your life the presence, power and light of your soul
As you realize you are never alone- that your soul in its brightness and belonging
Connect you intimately with the rhythm of the universe. May you have respect for your
individuality and difference. May you realize that the shape of your soul is unique.
That you have a special destiny here. That behind the facade of your life, there is
something beautiful good and eternal happening. May you learn to see yourself with the
delight, pride and expectation with which Goddess sees you in every moment

(Remove cups)

look at color



5. Initiation and Dedication

a. **Lynn-** Initiation of new members- All Stand in circle

Imbolc is a time of initiation. Long ago the new initiates would be brought into the temple to begin their learning. An initiation is both a commitment and an opportunity to participate in earth ceremony. It requires training, preparation and willingness to face the unknown. We leave what is comfortable and take risks to gain deep insights into

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