

SPRING EQUINOX

- Anne Song: The earth, the air, the fire, the water return 3x's *with 3 times*
now is the Blessing and calling in the elements
 Carol Water sprinkling and stickers on wrists
 Lynn Mud daub on 3rd eye
 Carole Intro with Story "The Bowl" with clay balls -
 Lynn Pair up by stickers, ^{poem} instructions, role play, interviews
 Carol Bathroom break come back and sit with partner
 Anne Song: Woman's Spirit is passion/*beauty*
 Lynn *poem* Flip chart for making statement, write into journal core statement, or affirmation about themselves
 Anne ~~Movement, stretch and stand~~ - poem? *Today*
 Carol Statement in the circle
 Anne Song: I send my love over the mountain
 Closing

Woman's spirit is passion,
 Woma's spirit is birth
 Woma's power unfolding
 to honor life on earth

Woman's spirit is beauty
 Woman's spirit is deep
 Woman's loves with compassion
 our perfection is complete

Woman's spirit is graceful
 Womans's spirit is wise
 Woman's spirit is moving
 bringing love into our lives

At the time of the closing: beside our usual, how about;

I send my love over the mountain
 I send my love over the sea
 I send my love into the heavans
 And it returns to me