

Candlemas 2010

Jan. 30 5:00-8:30

Finger foods/ womb blankie or whatever

Enter through kitchen door, take shoes off, pee, take socks and womb stuff in when entering to be blessed. Wendy taking food, instructing women on what to do and sending them in.

Enter one at a time to be blessed, stand under crystals, look in mirror, stand in basin of warm water with rose petals. Beth blessing with Rose water, Carol drying women's feet. Debby guiding women to choose nest area.

Call in energies of goddesses. Wendy- star goddess

Debby- Bridgette

Carol- Lucia

Beth – Quan Yin

Carol  history of Imbolc


Wendy-- will read star goddess info

Debby—preface of going within and first question

Debby- What influences have formed you?

Wendy- Which of those influences do you wish to carry forward into your new life? See each of those influences as a light and pull them into the core of your being. (someone lights a couple of candles)

Carol- Is there anything you wish or need to transform? Do that now and bring that light within you. (someone lights a couple of candles)

Beth- Are there any new energies or qualities you want to embrace for your new self? Is there something that you've never experienced that you desire? Call on the goddesses to help pull those into your life. See these as light that you embrace. (someone lights a couple of cand! )

Wendy- What is the essence of the heartbeat that nourishes you now?

(someone lights a couple of candles)

Beth - How does this new being feel?

What do you sound like?

How do you move?

What do you look like?

How do you smell?

What do you taste like?

As Beth is asking these last questions, Debby, Carol and Wendy are lighting candles.

Begin singing "We are sending you light, to heal you, to hold you. We are sending you light, to hold you in love." (finish lighting up room and gently touching women to sit up)

Debby instructs women on writing on pieces of paper and putting them in boxes while the rest of us hand out pencils, paper and boxes.

Move people forward to form semicircle around altar.

The four of us go first on platform to set the scene. First, light candle. 2nd, get crowned by angels. 3rd, get ball to hold. Say what we want to say about what we are owning for ourselves, influences, new energies, etc. Name ourselves, say who we are.

Sing Welcome _____

Celebrate _____

The light in me

Honors the light in you.

Welcome _____

Celebrate _____

The light in me

Honors the light in you.